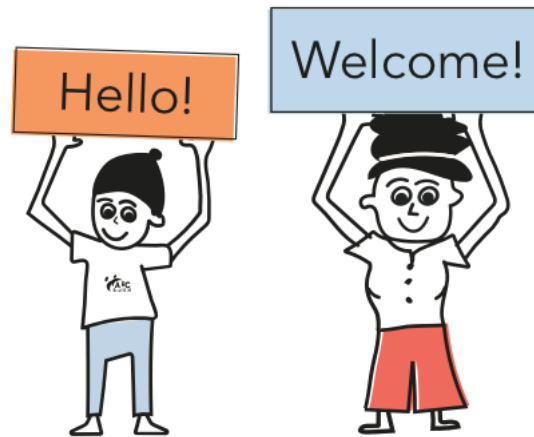


# The Transitions Puzzle





# THE PROBLEM

Transitions is a very challenging time.

Too often young people don't get the help and support they need.

We know getting transitions right can be complicated, but we believe it doesn't have to be.





## Principles of Good Transitions 3

Scottish Transitions Forum  
Second Edition 2019

# The Story so Far

ARC Scotland have been working as a forum since 2012

We have over a 1000 members including parents, carers, young people professionals and Scottish government representatives

We worked together to release the first solution focused document in 2014. It's now in its third volume (2019).

In 2023 these principles and framework are part of the new Scottish Transitions Strategy under consultation.



# The 7 principles

Our work is based on these 7 guiding principles that provide solutions.

Each principle has a subset of standards the forum created as solutions

- 1** Planning and decision making should be carried out in a person-centred way
- 2** Support should be co-ordinated across all services
- 3** Planning should start early and continue up to age 25
- 4** All young people should get the support they need
- 5** Young people, parents and carers must have access to the information they need
- 6** Families and carers need support
- 7** A continued focus on transitions across Scotland

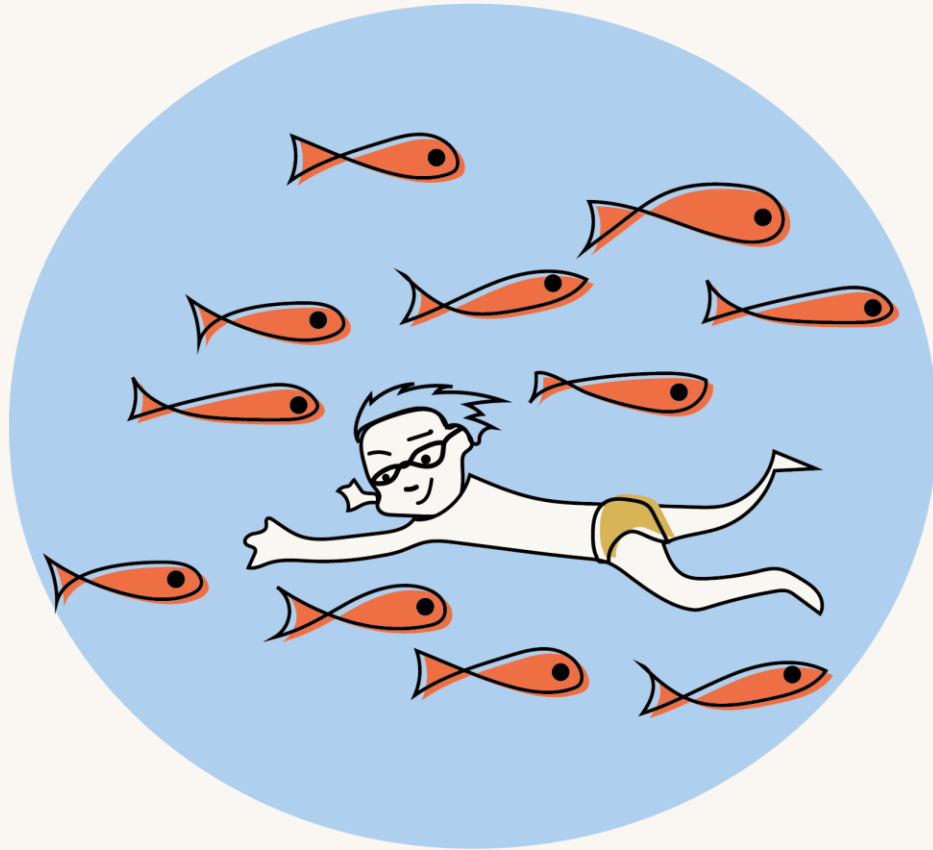
# OUR PASSION FOR REAL CHANGE

We've spent 13 years working on solving the transitions puzzle.

Our work is embedded in policy strategy and local practice.

Combining our expertise with our partners we are pleased to provide two new resources –

**Principles into Practice** and **Compass**.



Inverclyde  
council

Fife  
COUNCIL

Scottish  
Borders  
COUNCIL



Dundee  
City Council

Midlothian



Shetland  
Islands  
Council



Falkirk Council

NORTH  
LANARKSHIRE  
COUNCIL

◆ EDINBURGH ◆  
THE CITY OF EDINBURGH COUNCIL

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#ChangeMadeEasy  
#TakeControlOfTransitions

Twitter@scotranfor  
Instagram@scottishtransitionsforum



COMPASS  
Change, made easy

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PRINCIPLES  
into  
PRACTICE

# Impact Report

May 2023

Based on the Principles of Good Transitions



Scottish  
Transitions  
Forum

Scottish Government  
Riaghaltas na h-Alba

“““

What has been achieved in each of the local authority areas in the middle of a pandemic is pretty remarkable

PARTICIPANT AT LEARNING EXCHANGE EVENT

We are here

**Step 3:  
'Making the  
Improvement'**

Delivering  
change locally.

We started here

**Step 1:  
'Creating a vision,  
aim and context'**

Gathering information,  
building alliances and  
influence.

**Step 2:  
'Culture, capacity  
and challenge'**

Achieving strategic  
buy-in, engagement  
with young people,  
parents and carers.



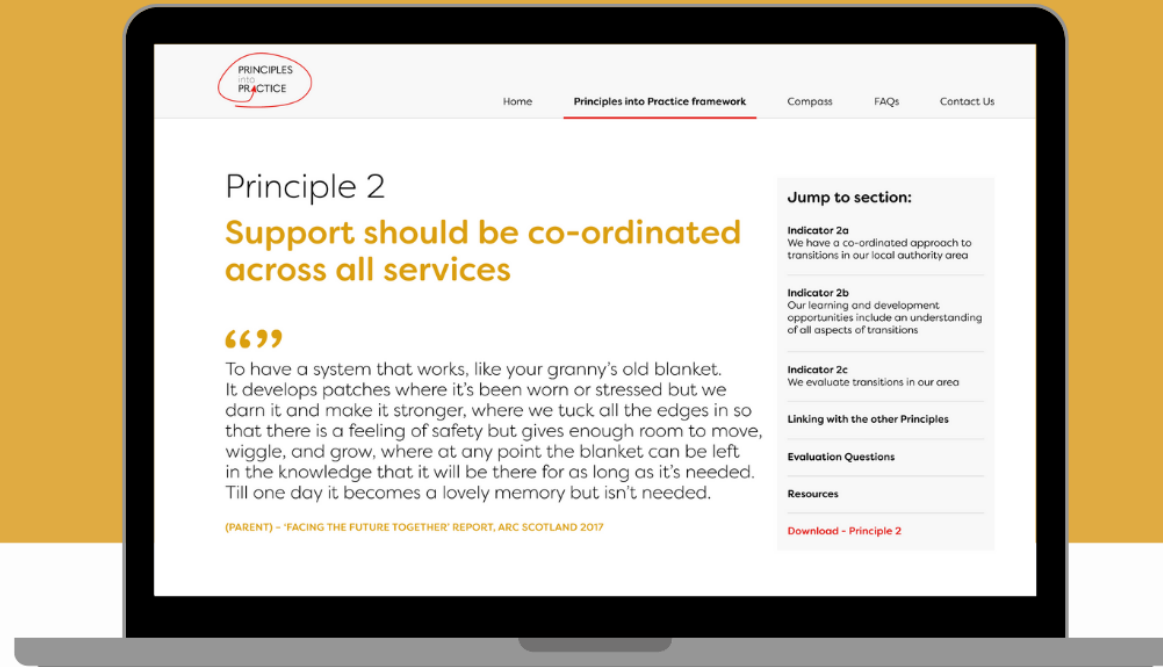
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# PRINCIPLES INTO PRACTICE FRAMEWORK

*A practical Framework to improve the experiences of young people with additional support needs aged 14 - 26 and their parents and carers as they make the transition to young adult life*



PN2P.Scot



# Principle 2

## Support should be co-ordinated across all services

“”

To have a system that works, like your granny's old blanket. It develops patches where it's been worn or stressed but we darn it and make it stronger, where we tuck all the edges in so that there is a feeling of safety but gives enough room to move, wiggle, and grow, where at any point the blanket can be left in the knowledge that it will be there for as long as it's needed. Till one day it becomes a lovely memory but isn't needed.

(PARENT) – 'FACING THE FUTURE TOGETHER' REPORT, ARC SCOTLAND 2017

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### Indicator 2a

**We have a co-ordinated approach to transitions in our local authority area**

### Jump to section:

#### Indicator 2a

We have a co-ordinated approach to transitions in our local authority area

#### Indicator 2b

Our learning and development opportunities include an understanding of all aspects of transitions

#### Indicator 2c

We evaluate transitions in our area

#### Linking with the other Principles

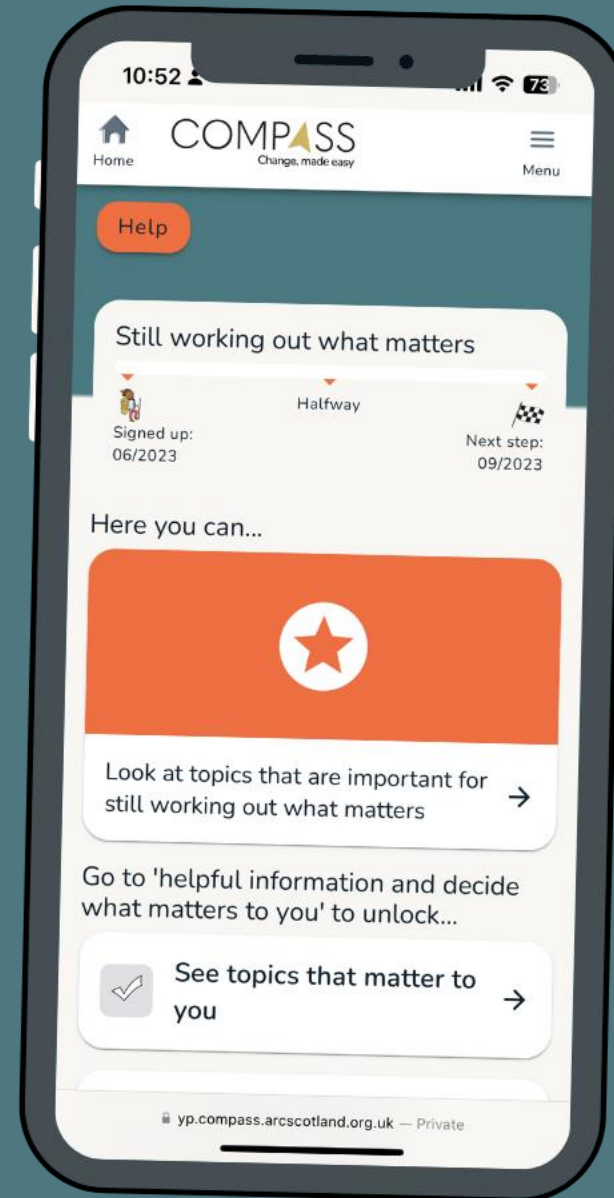
#### Evaluation Questions

#### Resources

#### Download – Principle 2

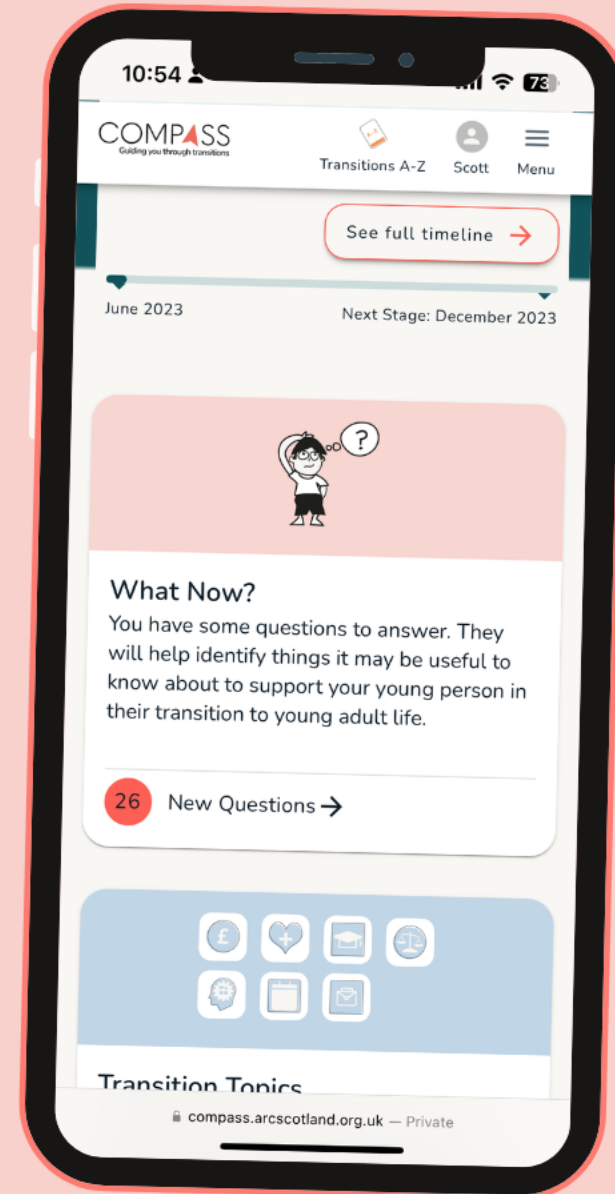
# COMPASS FOR YOUNG PEOPLE

Helps you work out what is important to you, find information to help you plan for your future and be more informed.



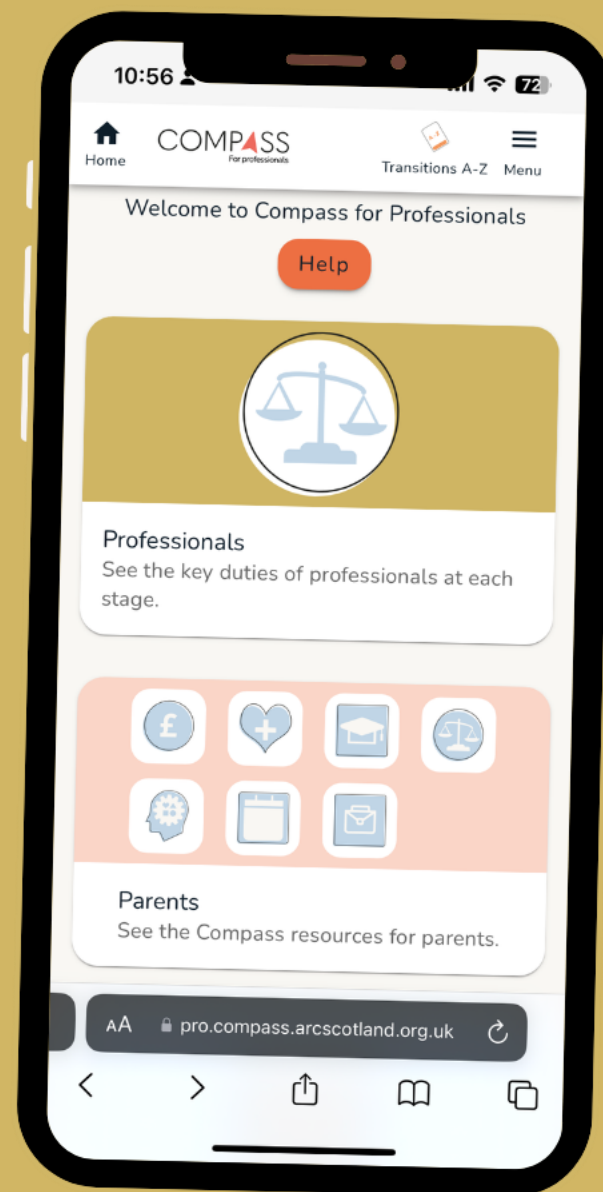
# COMPASS FOR PARENTS AND CARERS

Helps you with a personalised to do list to keep you on track, tell your local authority how things are going and explore all relevant transitions information.



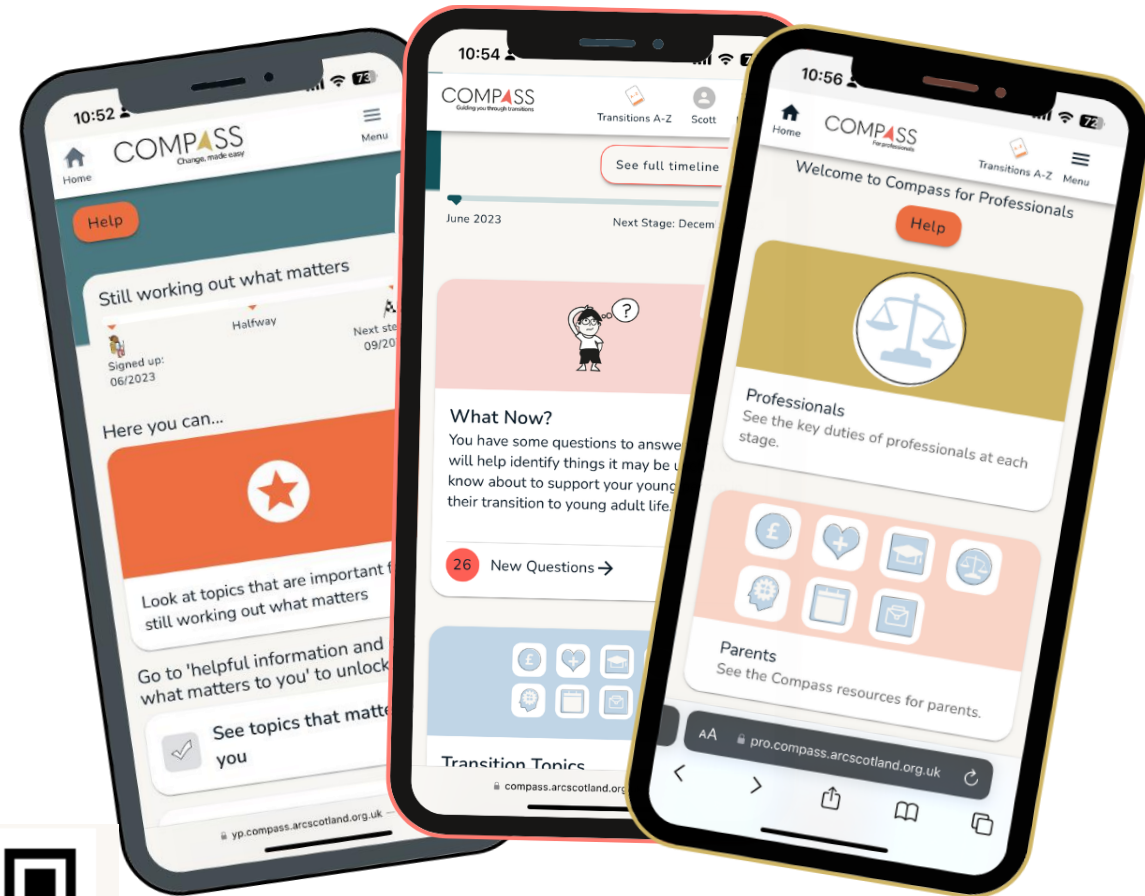
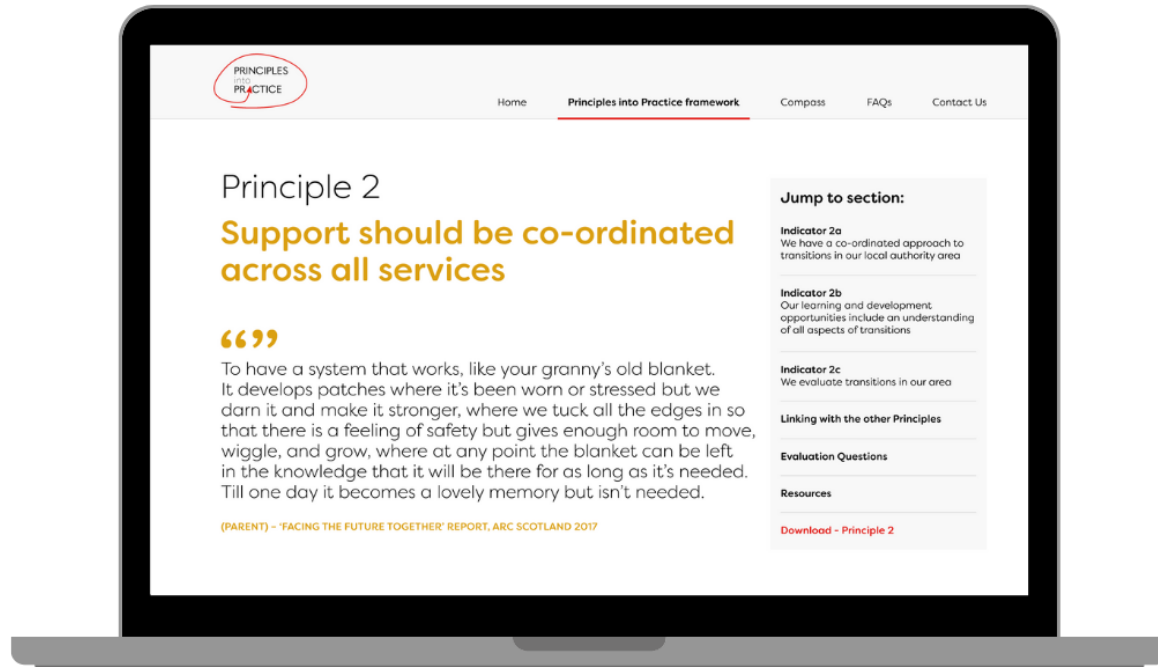
# COMPASS FOR PROFESSIONALS

Access a range of topics covering key information on transitions support, stay on top of best practices and legislation and share your thoughts and suggestions to improve transitions.



PRINCIPLES  
into  
PRACTICE

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Compass @ <https://compasslaunch.scot/>

Principles into practice @ <https://www.pn2p.scot/>

Or email us at

[Scott.read@arcuk.org.uk](mailto:Scott.read@arcuk.org.uk)

